

AIMM President's Message 2016
Dr. Janethy Balakrishnan Bokstrom

We encourage all members to attend our 2nd AGM since we will unveil where Integrative Medicine will be heading based on the 11th Malaysian Health Plan (2016-2020) and T&CM Act.

Currently AIMM allopathic ordinary members (medical doctors registered with MMC) who are qualified to practice complementary medicine are protected under FCNMAM provided T&CM Division (MOH), T&CM Council or FCNMAM approves the modalities practiced by them.

Through challenges in modern medicine, we evolved from clinical conventional mainstream to Personalized Lifestyle Medicine that encompasses Nutritional, Anti-aging Medicine, Aesthetic and Regenerative medicine. For all that experience, we still hit a brick wall to heal our patients in spite of being armored with a strong scientific background. We realized that the missing link lies in Energy Medicine, which altogether fundamentally address the state of the health of the mind.(emotional, social, soul and spiritual health).

As stated by Plato: *"The cure of the part should not be attempted without treatment of the whole"*

Plus that: *"...no attempt should be made to cure the body without the soul"*. He also points out that for the body and mind to be well one must begin "by curing the mind".

Energy medicine works on the principals of subtle energies, electromagnetic fields and quantum physics. Likewise, as in the field of Epigenetics where it is proven that it is the environment, which influences our gene expression. Epigenetics is determined predominantly by our thoughts, emotions, attitudes and perception that resonate with the environment.

"I have no special talents. I am only passionately curious." - Albert Einstein

AIMM would like to share our successful clinical cases of integrating different type of modalities (allopathic and non -allopathic) of healing that stood the test of time.

As a start, AIMM will also offer certificate of proficiency courses in aromatherapy as one of the modalities in energy medicine.

Looking forward to meet all of you, as we would like to hear your suggestions and share our plans for further collaborations in Integrative Medicine.

Thank you,
In True Health,

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Dr. Janethy Balakrishnan Bokstrom